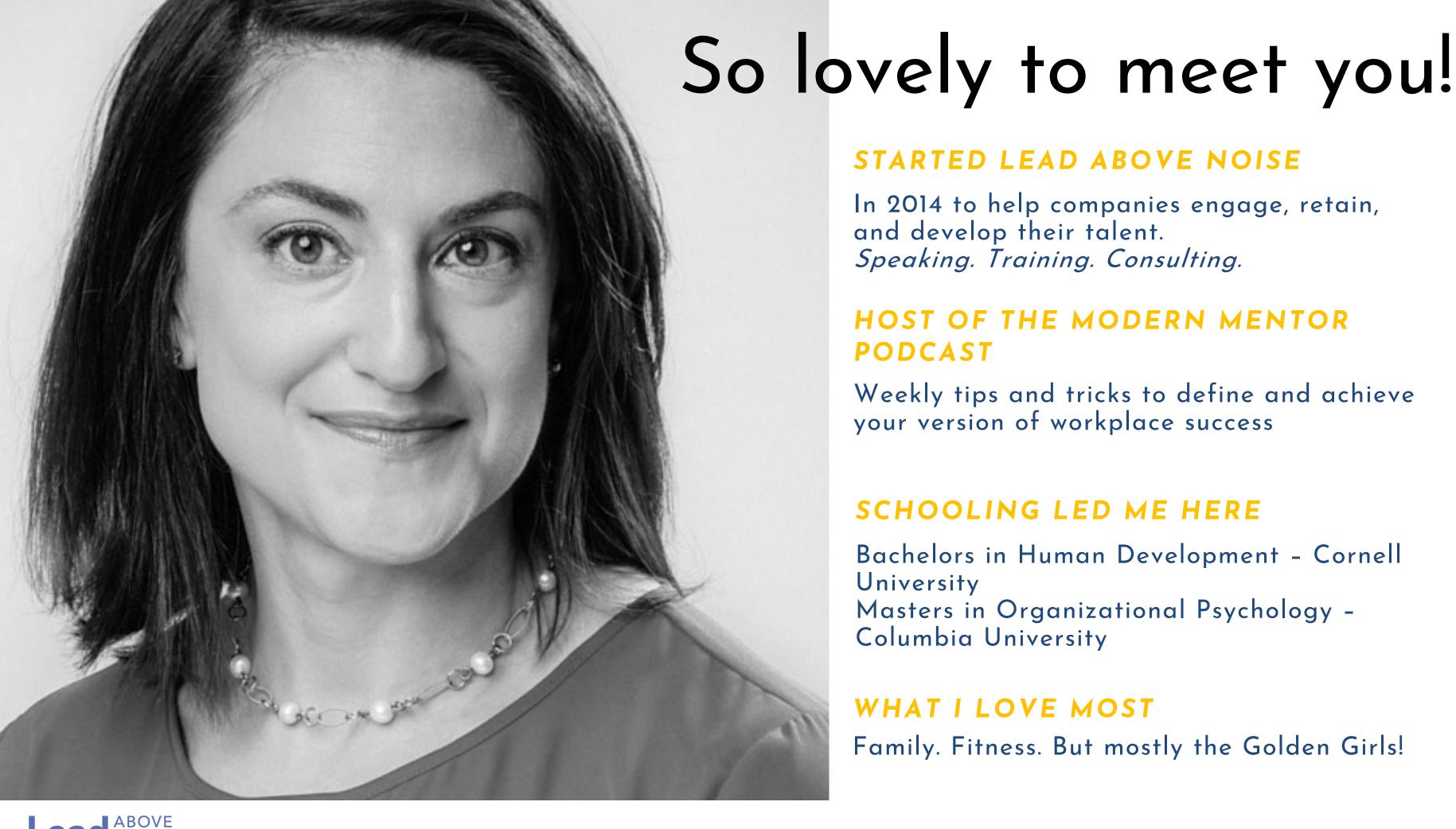
### LEADING THROUGH

# UNCERTAINTY AND CHANGE





#### STARTED LEAD ABOVE NOISE

In 2014 to help companies engage, retain, and develop their talent. Speaking. Training. Consulting.

### HOST OF THE MODERN MENTOR **PODCAST**

Weekly tips and tricks to define and achieve your version of workplace success

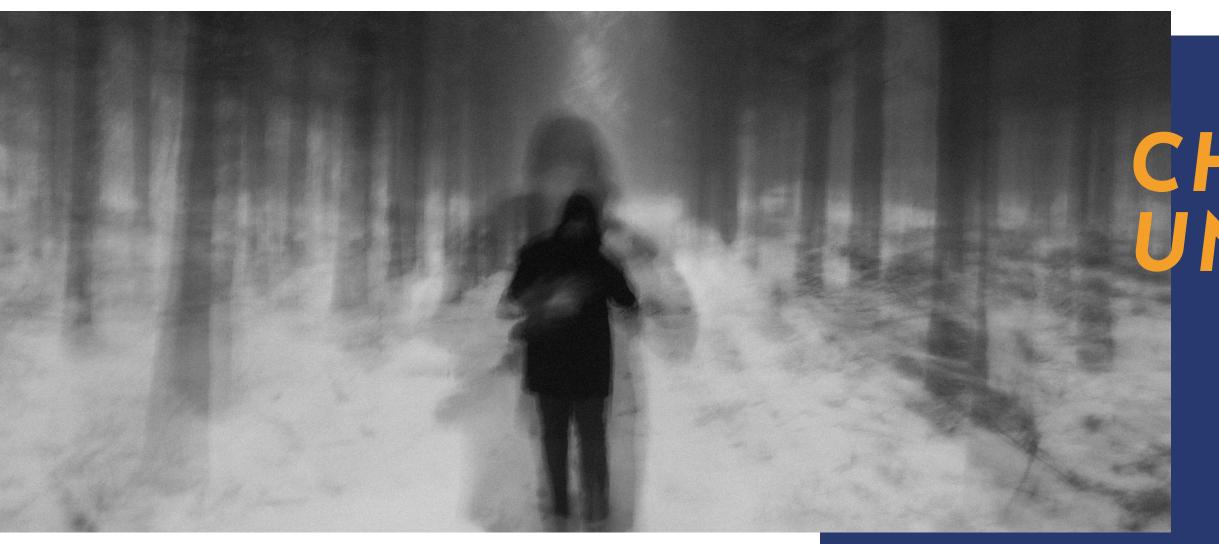
#### SCHOOLING LED ME HERE

Bachelors in Human Development - Cornell University Masters in Organizational Psychology -Columbia University

### WHAT I LOVE MOST

Family. Fitness. But mostly the Golden Girls!

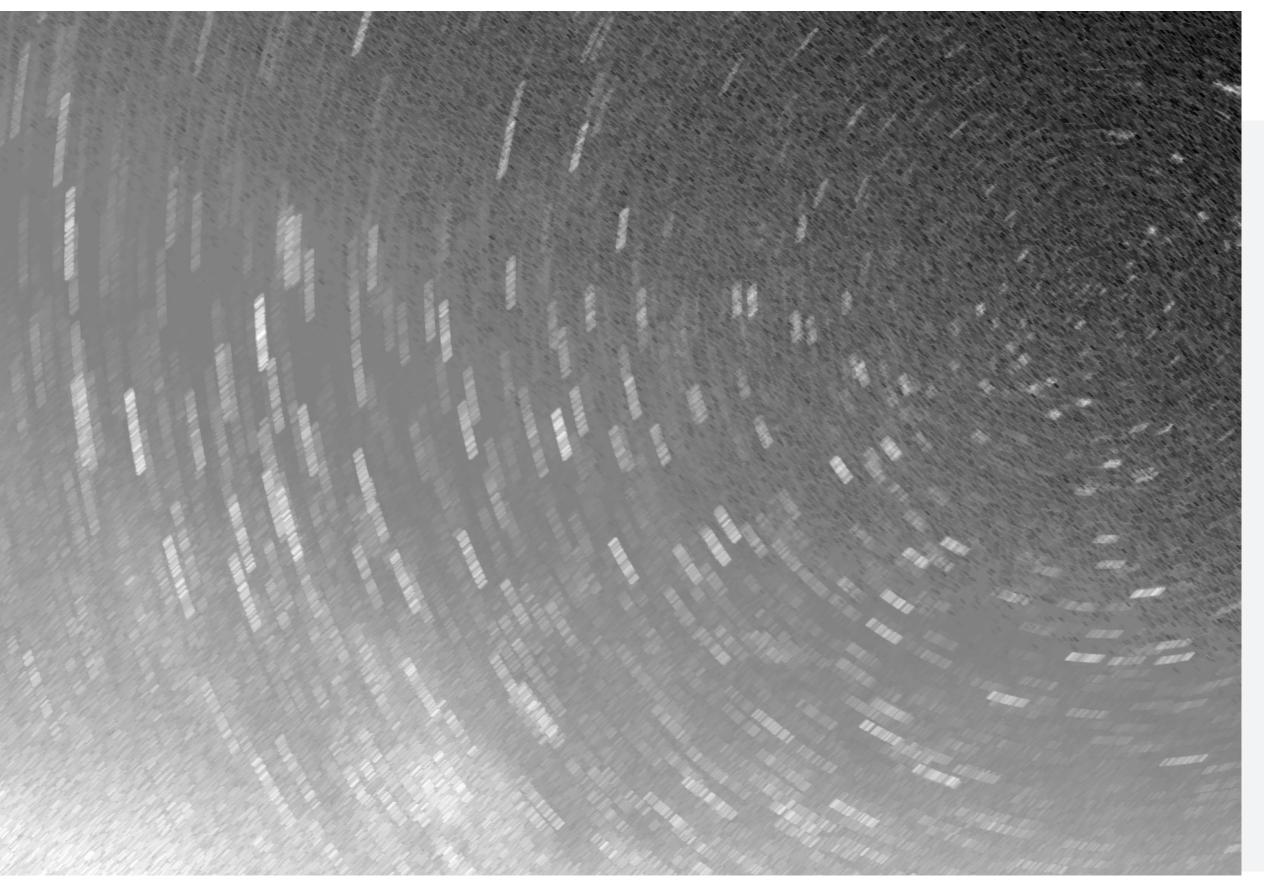




CHANGE UNCERTAINTY

ANYONE EXPERIENCE EITHER IN RECENT YEARS?

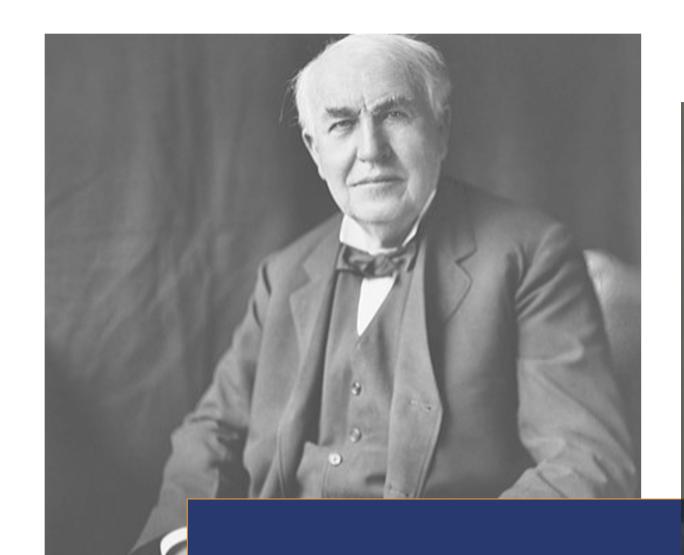




# CHANGE IS NOTHING NEW



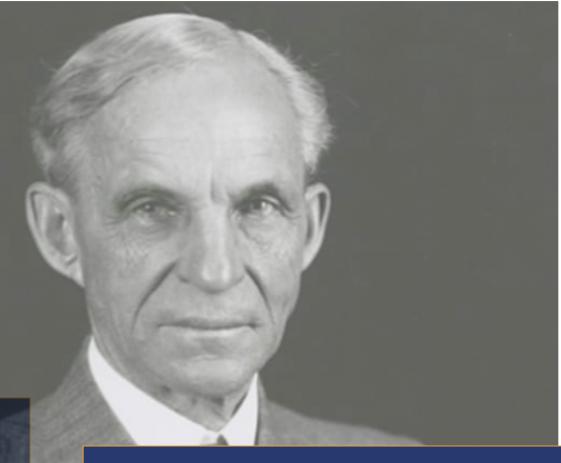
### IMAGINE IF...





Hadn't thought it was too dark?





### HENRY FORD

Hadn't thought his horse was tired...and slow?





### STEVE JOBS

Hadn't wanted his computer in his pocket?





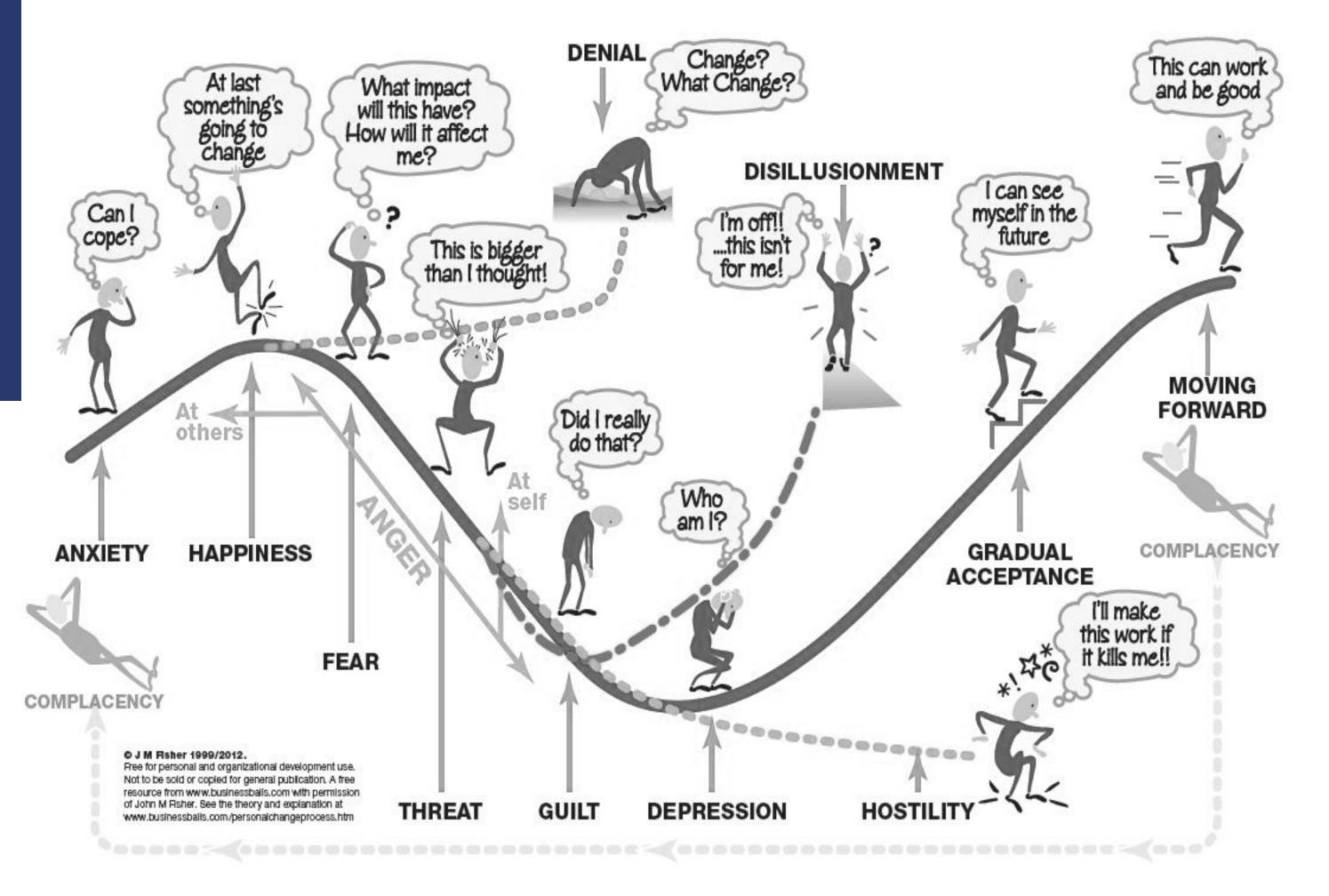
WHAT'S MISSING TODAY?

CHOICE





# Always exhausting!





# AND WE'RE FEELING IT 50%

OF OUR ABILITY TO
COPE WITH CHANGE
HAS BEEN LOST
SINCE 2020

# My Story











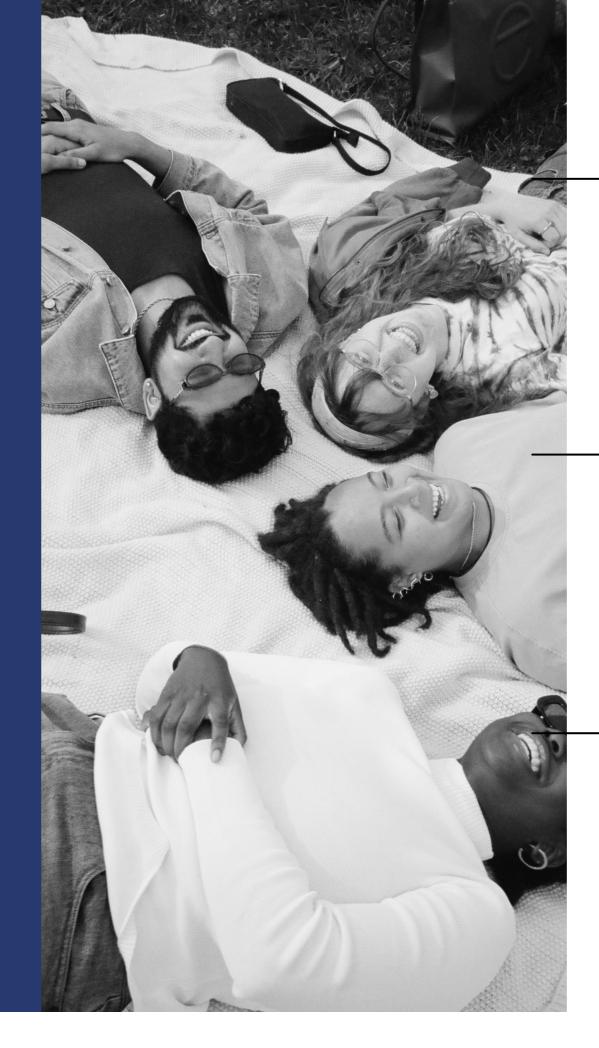
## The Four P's





# 1 PEOPLE

This is a team effort.
How's the team doing?



How are you doing?

What do you need?

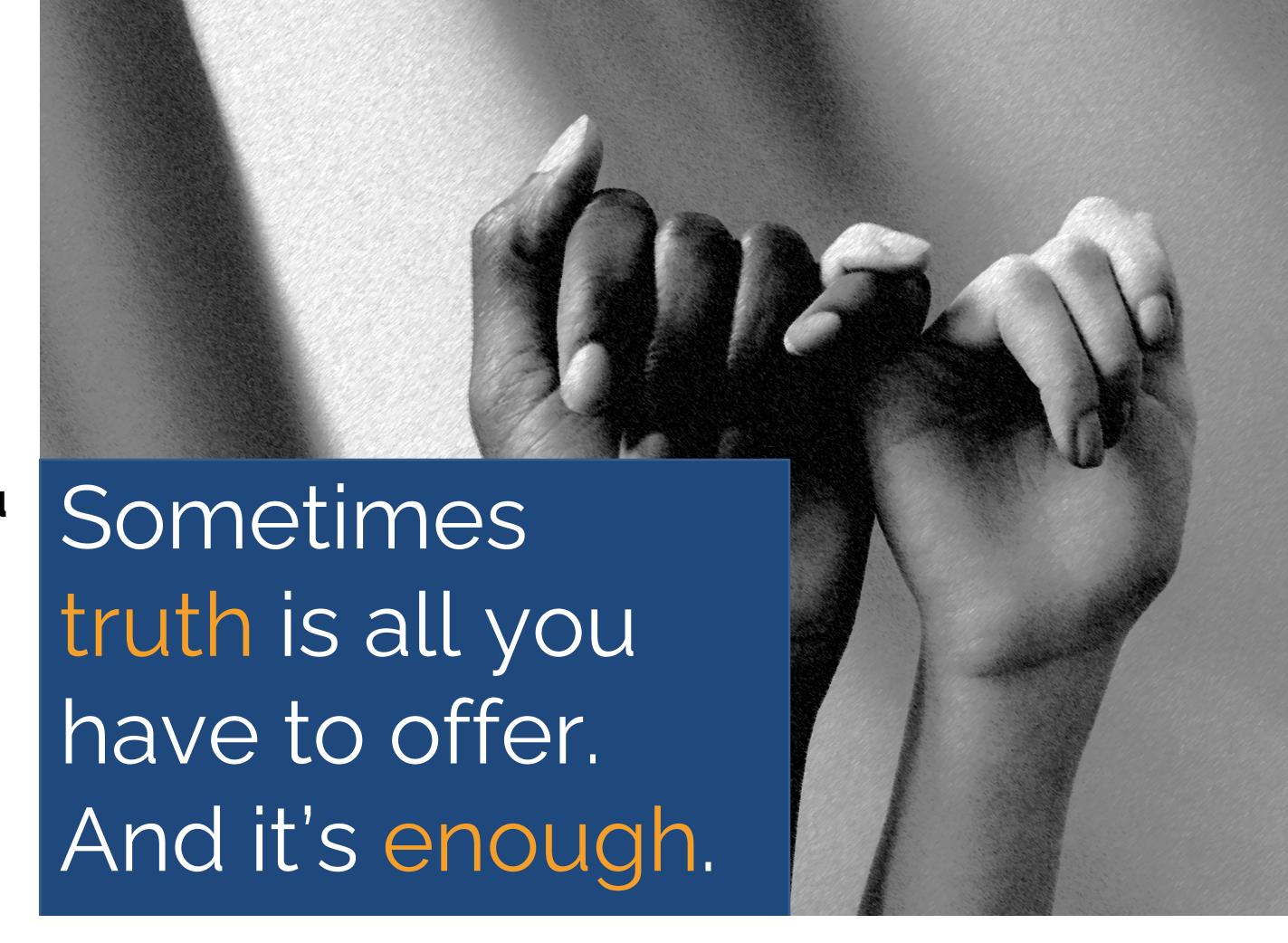
Who can you support?



What *do* you know?

- What *don't* you know?

What can be counted on?



What must we add?

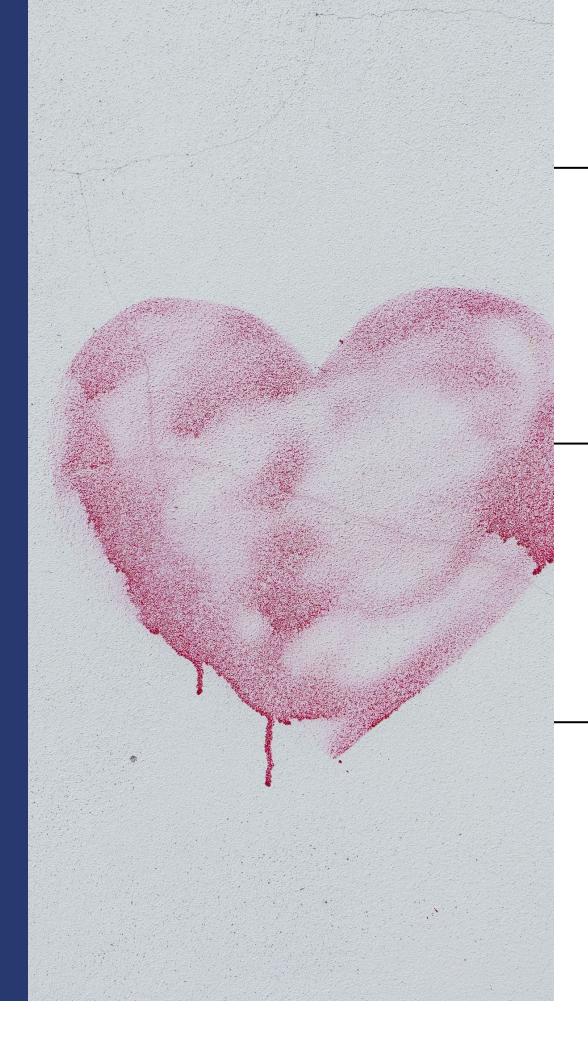
What must we release?

What must we continue?

All that we've learned will be what informs us.

### **PULSE**

There is no "there." No ending. Only dialog and connection.



What's working well to repeat or amplify?

What will we try next?

- What must we celebrate?

## The Four P's

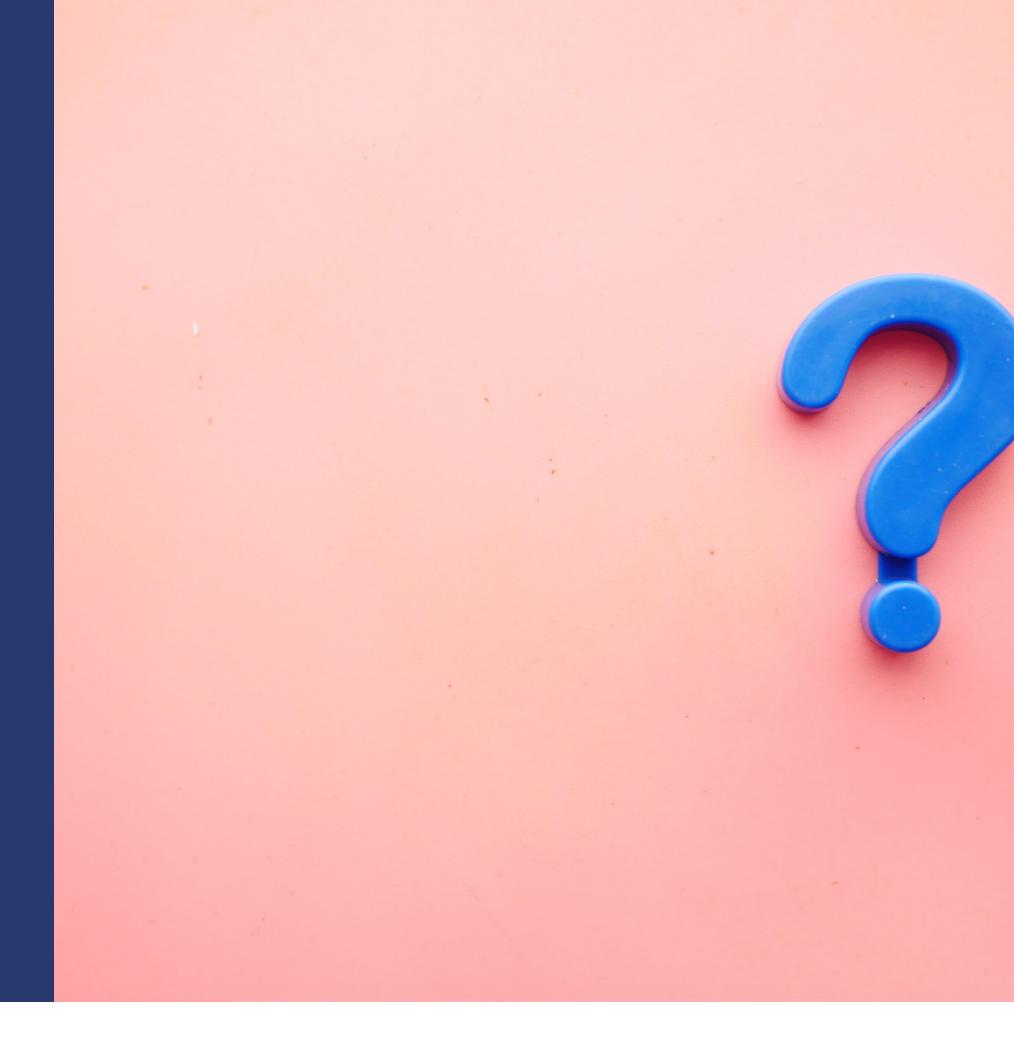




# The other side of uncertainty... Is possibility. just imagine



# Questions?



# Thank you!



Let's connect!